# Utah FCCLA December 2014 Newsletter



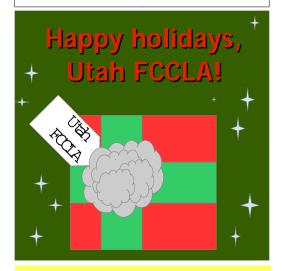


## Color Your World with FCCLA! Think Outside the Box!



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### ATTENTION ALL MEMBERS!

If you would like your chapter to be recognized for all of the wonderful things you're doing in your families, careers, and communities, please send a brief article and picture to the newsletter at utfcclanews@gmail.com!

#### Chapter Highlight



Grantsville High School has had a fabulous year so far! Whether they're attending a conference or conducting a fundraiser, they always have fun.

In a recent Share our Strength fundraiser, Grantsville FCCLA had jars for the chapter officers and some of the school's favorite teachers. Students donated throughout the week, and everyone who donated was put into a drawing to get the opportunity to shove a pie in the winner's face. At the end of the week in a short assembly, the top three officers and then the top three teachers were pied. It was a blast and they got a lot of positive feedback from it.

### Remember the Region Activities!

#### Region 1

The Region 1 activity was a huge success! We met at Black Island Farms in Ogden on Oct. 21 for a corn maze, hayrides, hot chocolate, and donuts. For our service project, we were able to write letters to for Santa Macy's, which donates \$1 to the Make-a-Wish Foundation for every card written. We were so happy to see everyone at the activity and forward to seeing you on Feb. 6 for our region conference!

#### Region 2

The Region 2 activity was super fun! Minimal falls led to a great activity. Both members and advisers had a fun time ice skating at the Utah Olympic Oval on November 6th, making new friends while eating hot chocolate and ice cream! What have could been better? Members learned about the new STAR Event competition information, and are excited to begin their STAR Events. See you at the Region 2 Conference!

#### Region 3

Region 3's activity was a blast! We went to Boondocks on Oct. 23, and we had a lot of fun as we dressed up in our Halloween costumes! We also did a service project for the Make-a-Wish Foundation through Macy's. Every member wrote at least one letter to Santa, and for every letter, Macy's donated \$1 to the cause! Great job, Region 3!

#### Region 4

Region 4 recently had their region activity at Classic Skating in Orem. It was a ton of fun and we had a great turn out! Thank you to all the chapters that brought cookies for everyone. It worked out great. Thanks for everyone who came to the activity and we can't wait to see everyone at our region competition!

#### Thanks, Utah FCCLA!

#### Region 5

Region 5's activity is still going strong! Post a picture of a chapter activity or FCCLA event that you have been involved with on Instagram, Facebook, or Twitter and use the hashtag #UTFCCLAR5. If you post on Instagram, be sure to tag the Region page @UTFCCLAR5. We encourage you to follow the Region page because we are hoping to highlight some of the great activities you tag us in. The chapter with the most likes on a single post as well as the chapter with the most posts overall will receive a prize at the region conference in Feb. Get posting now so you and your chapter can win!

#### **Alumnus Highlight**



Chelsy Judd,
Utah FCCLA Business/Industry Board Representative

Chelsy Judd was a Utah state officer from 2000-2001, and the National FCCLA VP of Parliamentary Law from 2001-2002. She now serves on the state board as our Business/Industry Representative. She has two children: a four-year-old boy named Jameson and a two-year-old girl named Kennedy. She is an alumnus from Alta High School, and she recently attended the National Cluster Meeting in Salt Lake City and presented a workshop that gave advice to future alumni. Thanks for all you do, Chelsy!

#### **National Cluster Meeting Review**

Whether you traveled by bus, plane, car, or train, once you got to the National Cluster Meeting in Salt Lake City, Utah, all jet lag was forgotten as FCCLA

members came together for an exciting conference!

Utah FCCLA was pleased to welcome members from Nebraska, Georgia, Colorado, Idaho, Nevada, Montana, Washington, Wyoming, and several other states at the meeting. We became fast friends with the other state associations, which you can definitely see in our social media posts! Several members of the National Executive Council came to Utah for this monumental event--Sarah Smith, Connor Jones, Shivani Dhir, Garrhett Petrea, and Jared Gustafson--and made everyone feel at home by befriending members, taking countless selfies, and putting on hilarious skits to promote FCCLA@theTable.

Attendees were able to hear from amazing keynote speakers like Madilyn Paige and Daniel Seddiqui! We were able to learn how to be confident in our abilities as Madilyn sang "Titanium," reminding us that we are stronger than we think. Daniel taught us to be open-minded, persistent, and determined as he shared his experience of having fifty different jobs in fifty states in fifty weeks. Thanks to them, we were inspired to become better leaders!



But the main reason for gathering together was the chance for students to compete in Skill Demonstration Events! Those who participated did very well, and Utah FCCLA members claimed 23 finalist prizes! We're also sending two teams to the FACS Knowledge Bowl at the 2015 National Leadership Conference in Washington, D.C.!



Between Skill Demonstration Events and general sessions, attendees were able to delve deeper into the theme of "Together We Are... Ready!" by going to workshops focused on helping FCCLA members prepare for college or careers after high school. Exhibitors from multiple universities encouraged students to continue their educations, and alumni members gave presentations about the benefits of staying involved in FCCLA after graduation. Youth presenters were also given the chance to offer workshops, some of which were our very own Utah state officers!

Members were able to take a rest from competing and learning by touring the beautiful Salt Lake City area. The most popular destination was Temple Square, home of the Salt Lake City Temple of the Church of Jesus Christ of Latter-day Saints, and some visitors were lucky enough to watch the Mormon Tabernacle Choir rehearse for their Christmas concert! As for souvenirs, Utah FCCLA made a Plinko board and gave away fry sauce, Real

Salt (from the Great Salt Lake), honey sticks (because we're the Beehive State), Utah Truffles, and salt water taffy as prizes.

Utah FCCLA is grateful for the opportunity that we have had to host this memorable conference and show off our amazing state! We'd like to extend a big "thank you" to everyone who participated, and we hope to see you all presenting your STAR Events at our region conferences in 2015!





#### **FCCLA Needs YOU!**

By Makayla Hendricks, Utah FCCLA State President







At some point you've had it.

That red jacket fever.

You see those red blazers and say, "Man, I want one of those." Should you run for state or national office? The easy answer:

YES!

Why?

Just think, "What will I do today that others won't so tomorrow I can do what others can't?"

Reaching your potential sets you apart from your peers now and in the future.

As a state officer, I've gained countless skills that will be an advantage to me in college as well as my future career. I've learned professionalism, advocacy, public speaking, and now I'm comfortable enough to walk up to a stranger and tell them what I'm passionate about!

If you're thinking about running for a higher office, you may think you can't do it, and you ask yourself "What if I fall?"

Oh, but what if you fly?

My personal motto when I first decided to run for state and national office was,
It may seem intimidating and even scary at times, but

"Just say yes and you'll figure it out afterward."

-Tina Fey

YOU CAN DO THIS!

Leadership—as well as life—is all about improving yourself and striving to become the best you that you possibly can.

"If we did all the things we are capable of doing we would literally astound ourselves."

-Thomas Edison

But I'm not going to tell you that it's going to be easy.

"Excellence is never an accident; it is the result of high intention, sincere effort, intelligent direction, skillful execution and the vision to see obstacles as opportunities."

-Anonymous

Running for state or national office is going to be a lot of work, but it IS worth it.

I have never regretted my decision to run for state office.

It has truly changed my life and I wouldn't trade it for anything.

My favorite part of being a state officer is all the places I've gone and the friends I've made.

The nine other officers that stand on that stage with me have become my closest friends and my family.

We've traveled to Nationals in San Antonio, Texas and Capitol Leadership in Washington, D.C.

as well as countless experiences and late-night conversations.

They've always been there for me,
no matter what life has thrown at me.

Dr. Seuss put it so perfectly when he said,

"Sometimes you will never know the value of a moment until it becomes a memory."

I can't help but smile as I remember all my friends from all over the United States and the experiences we've had together.

We truly are an FCCLA family.

Growing up, I never felt like I belonged anywhere.
I moved around a lot
and often found it hard to make friends.

After I joined FCCLA and got involved,
I realized that this is where I belong,
and this is where you belong too.

FCCLA needs YOU!
You need FCCLA!